

Captains Chair Surface Mount \$4,880.00

<https://www.dunriteplaygrounds.com/store2/74241-Captains-Chair-Surface-Mount>

Product Image



Description

The outdoor Captain's Chair is a challenging ab workout that forgoes traditional sit-ups and crunches for an alternative core workout. Slowly raising and lifting and then lowering the legs engages the core and builds muscle strength. Available in J-bolt footing, Inground, and Surface Mount. Surface Mount