

Hand Held Fitness Ball 3lb YELLOW \$20.99

<https://www.dunriteplaygrounds.com/store2/23863-1266375-Hand-Held-Fitness-Ball-3lb-YELLOW>

Product Image



Description

- Soft, weighted vinyl balls fit comfortably into the palm of the hand
- Incorporate into matwork routines to increase intensity and bring awareness to shoulder girdle stability or target desired muscle groups

Core Training, Body Toning

Brand:Champion Barbell

Special Warranty:1 Year

Unit:EA

Shipment Type:Small Pack