

# Hand Held Fitness Ball 2lb RED \$18.99

<https://www.dunriteplaygrounds.com/store2/23855-1266368-Hand-Held-Fitness-Ball-2lb-RED>

## Product Image

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## Description

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- Soft, weighted vinyl balls fit comfortably into the palm of the hand
- Incorporate into matwork routines to increase intensity and bring awareness to shoulder girdle stability or target desired muscle groups

Core Training, Body Toning

Brand:Champion Barbell

Special Warranty:1 Year

Unit:EA

Shipment Type:Small Pack