

Hand Held Fitness Ball 4lb ROYAL \$22.99

<https://www.dunriteplaygrounds.com/store2/23854-1266382-Hand-Held-Fitness-Ball-4lb-ROYAL>

Product Image



Description

- Soft, weighted vinyl balls fit comfortably into the palm of the hand
- Incorporate into matwork routines to increase intensity and bring awareness to shoulder girdle stability or target desired muscle groups

Core Training, Body Toning

Brand:Champion Barbell

Special Warranty:1 Year

Unit:EA

Shipment Type:Small Pack