# Single Sit-up Bench $874.00

https://www.dunriteplaygrounds.com/store2/Single-Sit-up-Bench-FS-0043

## Product Image

## Description

Name: Single Sit-up Bench
Series: Q Fitness
Age Group: 13-65
# of Play Activities:
Child Capacity: 2
Use Zone: 9'-2" x 5'-1"
Max Fall Height: N/A
Equipment or Structure Size: 5'-11" x 1'-9" x 3'-6"
Structure Weight 50

Description Many organizations like park and recreation districts, city councils, Landscape Architects, are looking for ways to create multi-generational outdoor spaces. Space that provides activity and entertainment for a broad spectrum of users in an outdoor environment so that individuals can get away from technology and reconnect with our natural surroundings.

Q-Fitness takes outdoor-based physical fitness far beyond the old fashioned pull-up and sit-up stations that haunt our parks and green spaces. Q-Fitness is a response to what adults are seeking to live a healthy lifestyle. Thirty-Three ultra-durable, multi-user stations offer designers a wide range of activities to meet the needs of your community. Stations can be configured in groups or strung out along a trail to provide a challenging and rewarding experience.

Q-Fitness stations are expertly crafted to be lowmaintenance with 5.0" OD galvanized steel supports which are, along with all of the steel handrails, barriers, gates, and climbers, coated with a baked-on polyester powder coat finish for a lifetime of protection against the elements.The HDPE sheet plastic platforms and activities are specifically manufactured at the factory for highquality control and not purchased from a supplier.