

# Captains Chair Inground Mount \$4,880.00

<https://www.dunriteplaygrounds.com/store2/74240-Captains-Chair-Inground-Mount>

## Product Image

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## Description

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The outdoor Captain's Chair is a challenging ab workout that forgoes traditional sit-ups and crunches for an alternative core workout. Slowly raising and lifting and then lowering the legs engages the core and builds muscle strength. Available in J-bolt footing, Inground, and Surface Mount. Inground Mount