Bench Dip Station

https://www.dunriteplaygrounds.com/store2/67405-Bench-Dip-Station

Product Image



Description

Bench Dip Station | Outdoor Fitness | UP253

The Bench Dip Station, model UP253, is a commercial outdoor exercise station designed for participants age 13 and older. A dip platform supports body-weight upper-body exercises emphasizing the arms and shoulders. It can be specified for a public fitness trail, park, campus or community exercise area as part of a varied workout circuit.

Product and planning details

- Exact model: UP253
- Primary fitness activity: Muscle
- Designed user age: 13 years and older
- Equipment type: individual outdoor fitness station

Compare fitness activities

Model	Station	Fitness focus
UP253	Bench Dip Station	Muscle
UP255	Push-Up Station	Muscle
UP259	Horizontal Chin-Up Station	Muscle
UP261	Joint-Use Chin-Up Bar Station	Muscle
UP263	Parallel Bar Station	Muscle

These stations provide different activities and are not replacement mounting configurations. Confirm the exact model drawing, clearances, anchorage and required surfacing before specifying the installation.